



PRE-SEASON BASEBALL & SOFTBALL PROGRAMS

Skill Specific Camps for January & February, 2010

<p>BASEBALL HITTING THURSDAY'S 6-7PM</p> <p>Slammers Hitting Instructors will break down each participants swing from the stance to the swing's finish, and through drills and repetition, we will help make adjustments that each participant can carry into this Upcoming Season. Get the rust off with the proper training and mechanics that once learned, can consistently be incorporated into your normal Baseball routine.</p>	<p>BASEBALL PITCHING TUESDAY'S 7-8PM</p> <p>Slammers Pitching Instructors work with each participant on their approach and delivery on the mound. With progressive drills (easy to complicated), our Instructors will help build the proper mechanics which will help prevent and even eliminate future injuries. Learn the proper mechanics that once learned, can consistently be incorporated into your normal Baseball routine.</p>	<p>SOFTBALL HITTING TUESDAY'S 6-7PM</p> <p>Slammers new Fast Pitch Softball Instructor, Debbie Yakimisky, will be working with conjunction with Slammers Staff to bring you a Hitting Skills Camp for Girls from 3rd-6th grades looking to improve their talents, staying consistent & successful in the Batter's Box. Drills from the basic to the advanced will be administered assessed on participants' individual skills.</p>
<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Baseball Hitting Program</u> (Maximum Players: 18)</p> <p>Ages: 9 – 13 years old</p> <p>Thursday Nights: 6 – 7 PM</p> <p>Session 1: January 7th – February 11th Session 2: February 25th – April 8th Session 2 – skip April 1st, 2010</p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$90 Non-Members: \$110</p>	<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Baseball Pitching Program</u> (Maximum Players: 12)</p> <p>Ages: 9 – 13 years old</p> <p>Tuesday Nights: 7 – 8 PM</p> <p>Session 1: January 5th – February 9th Session 2: February 23rd – April 6th Session 2 – skip March 30th, 2010</p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$90 Non-Members: \$110</p>	<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Baseball Pitching Program</u> (Maximum Players: 12)</p> <p>Ages: 9 – 13 years old</p> <p>Tuesday Nights: 6 – 7 PM</p> <p>Session 1: January 5th – February 9th Session 2: February 23rd – April 6th Session 2 – skip March 30th, 2010</p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$90 Non-Members: \$110</p>

<p><u>Slammers 1-Day Baseball Hitting & Fielding Skills Program</u> (Maximum Players: 24)</p>	
<p>Ages: 6 – 8 years old (12:00 – 1:30 PM)</p>	<p>Ages: 9 – 13 years old (1:00 – 2:30 PM)</p>
<p>Session 1: January 10th, 2010</p>	<p>Session 2: February 14th, 2010</p>
<p><u>REGISTRATION COSTS:</u> Members: \$30 // Non-Members: \$40</p>	

<p>Register for ANY of the above programs held at the Libertyville Sports Complex: www.slammersillinois.com</p>	<p>For info on Pre-Season Training Programs, you can send an Email to Slammers at: kyle@slammersillinois.com</p>
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