



PRE-SEASON ADVANCED BASEBALL PROGRAMS

Skill Specific Camps for January & February, 2010

<p>MONDAY NIGHTS ADVANCED FIELDING PROGRAM</p> <p>Slammers Training Academy announces an exclusive Fielding Camp for participants aged 11-14 years old. Camps last 6 weeks in length for 1.5 hour each session. Fielding Instruction will be led by Slammers Professional Instructors, and will break down the approach, the positioning and set up to fielding a ground ball, and also the proper footwork associated with developing consistent fundamental mechanics.</p>	<p>WEDNESDAY NIGHTS ADVANCED PITCHING PROGRAM</p> <p>Slammers Advanced Pitching Program is designed to maximize each player's effectiveness while on the mound. Slammers Professional Pitching Coach and former Major Leaguer Bryan Ward and former Minor Leaguer Greg Kloosterman will train Pitchers on how to work ahead in the counts, increase velocity and accuracy while reducing the risk of injury & shape all participants into endurance tested athletes.</p>	<p>SATURDAY AFTERNOONS BASEBALL SKILLS PROGRAM</p> <p>Slammers Training Academy invites you to participate in a Pre-Season Readiness Program that teaches all skills particular to Baseball. Conducted by Slammers Instructors Clay Kovac and Corey Kral, this Camp will cover from the basic to the advanced in Hitting, Throwing, Pitching, Fielding, Catching, Base Running and Speed & Agility Training. Camps will run for 1.5 hours each Saturday for 6 Weeks.</p>
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<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Hitting & Fielding Program</u> <i>(Maximum Players: 18)</i></p> <p><i>Ages: 11 – 14 years old</i></p> <p><i>Monday Nights: 7:30 – 9:00 PM</i></p> <p><i>Session 1: January 18th – February 22nd</i></p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$175 Non-Members: \$200</p>	<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Advanced Pitching Program</u> <i>(Maximum Players: 18)</i></p> <p><i>Wednesday Nights</i></p> <p><i>4th–8th Grade: 7:30 – 8:30 PM</i> <i>High School: 8:30 – 9:30 PM</i></p> <p><i>Session 1: January 20th – February 24th</i></p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$175 Non-Members: \$200</p>	<p><u>PROGRAM DATES & TIMES:</u></p> <p><u>Hitting & Fielding Program</u> <i>(Maximum Players: 18)</i></p> <p><i>Saturday Mornings/Afternoons</i></p> <p><i>7-11 Year Olds: 10:00 – 11:30 AM</i> <i>12-14 Year Olds: 12:00 – 1:30 PM</i></p> <p><i>Session 1: January 23rd – February 27th</i></p> <p><u>REGISTRATION COSTS:</u></p> <p>Members: \$180 Non-Members: \$200</p>
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<p>Visit our website for Membership & Lesson packages at great discounts for Members: www.slammersillinois.com</p>	<p>For info on Pre-Season Training Programs, you can send an Email to Slammers at: kyle@slammersillinois.com</p>
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