



2010 Pre-Tryout Baseball Workouts

July 26th – August 18th, 2010

** Limited to first 30 Participants Per Camp Session*

Recommended for Ages 9 – 14 (will be separated by age level)

Pitching – Monday's: 5:00 – 6:00 P.M.

Hitting – Wednesday's: 1:00 – 2:00 P.M.

Hitting – Wednesday's: 5:00 – 6:00 P.M.



Slammers Pre-Tryout Baseball Workouts is designed to get your ballplayer ready for Fall Baseball and Travel Tryouts. This program will be run by Slammers Professional Training Staff including Scott Stahoviak, Dar Townsend, Bryan Ward, Ed Tolzien, Greg Kloosterman, Chris Walsh, Clay Kovac and Kyle Frischmann. Slammers will offer hour Camp Sessions with Pitching focused workouts on Monday Nights (5-6pm) and 2 separate Hitting focused workouts on Wednesday's (1-2pm & 5-6pm). Slammers Pre-Tryout Workouts will consist of up to 12 hours of Hitting and Pitching Programs to prepare your player for tryouts or Leagues this Fall.

<i>Registration Cost</i>	<i>Individual Day</i>	<i>4-Week Session</i>
Members	\$20	\$60
Non-Members	\$25	\$75

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