



# COACH JIM SAKAS GROUP PITCHING CAMPS

**MONDAY'S, WEDNESDAY'S, SATURDAY'S & SUNDAY'S**  
*October 1<sup>st</sup>, 2009 – June 1<sup>st</sup>, 2010 (Call to Arrange Time Today)*

## Program Specifications and Time Slots



Coaches gather up your pitching staff and give them the opportunity to hone their pitching skills with longtime pitching instructor, Jim Sakas. Coach Sakas will customize your team's camp based on the skill level and staff needs. Times slots available most on Monday & Wednesday Evenings and anytime Saturday's & Sunday's - **Recommended anywhere between 2-8 players per session.**

## SLAMMERS PITCHING COACH JIM SAKAS' BACKGROUND

Jim Sakas has been coaching baseball for over 25 years and is the son of legendary local pitching coach Steve Sakas. After his playing days as a pitcher at Illinois State University; he was named the head baseball coach at Niles North H.S. at the age of 23. After 17 years as a head coach Jim resigned to spend more time with his family. He retired as the winningest coach in school history which included conference and regional championship teams including his 1991 team which finished with 28 wins to only 6 losses and a #2 state ranking. He is the pitching coach for **Christian Friedrich**, a 2008 1<sup>st</sup> Round draft pick by the Colorado Rockies,

former college Division 1 All-American and currently the # 1 Prospect in the Major Leagues.

Jim also serves as an Associate Scout for the Baltimore Orioles. Jim currently has 12 pitchers on Division 1 Rosters and had 2 players selected in the 2009 MLB Baseball Draft: Scott Kelley (Kansas City, Hersey HS) & John Nasshan (Chicago Cubs, Niles West HS). 2 of Jim's current 2010 players have accepted Collegiate Athletic Scholarships.

### REGISTRATION COSTS:

*** Prices below based per player	Session Length	Individual Sessions	4-Session Packages
2 Players	30 Min.	\$35/ <del>\$40</del>	\$140/ <del>\$160</del>
2 Players	1 Hour	\$75/ <del>\$80</del>	\$300/ <del>\$320</del>
3 Players	1 Hour	\$55/ <del>\$60</del>	\$220/ <del>\$240</del>
4 Players	1 Hour	\$50/ <del>\$55</del>	\$200/ <del>\$220</del>
5 Players	1 Hour	\$45/ <del>\$50</del>	\$180/ <del>\$200</del>
6 Players	1 Hour	\$40/ <del>\$45</del>	\$160/ <del>\$180</del>
7 Players	1 Hour	\$35/ <del>\$40</del>	\$140/ <del>\$160</del>
8 Players	1 Hour	\$30/ <del>\$35</del>	\$120/ <del>\$140</del>

\* Terms and Conditions are based on Slammers Lesson Policy

\* Registration Costs - Member Rates // Non-Member Rates

Slammers Training Academy

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